

2023 **WEBINAR** SERIES 

LIFE PLAN

A STRATEGY FOR ACHIEVING AND MAINTAINING LIFE BALANCE

PRESENTED BY: RANDY ANDERSON | E3 PROFESSIONAL TRAINERS

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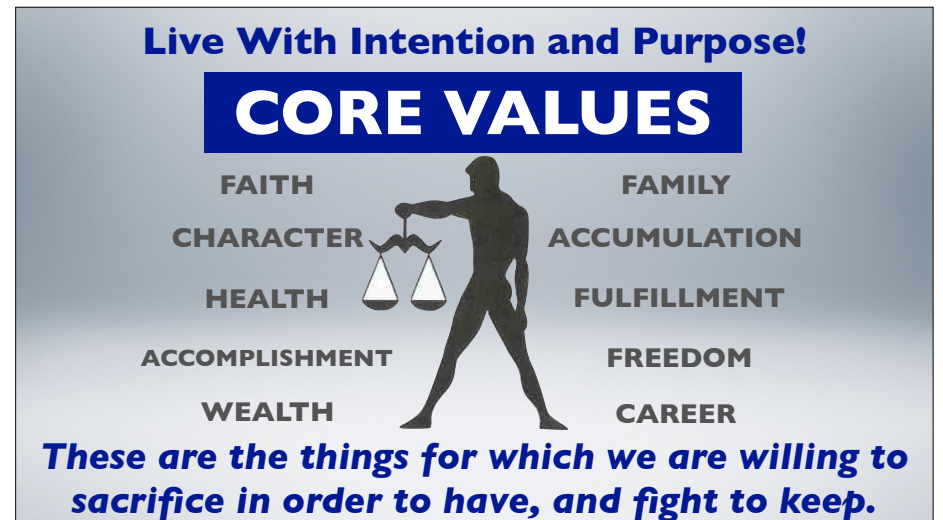
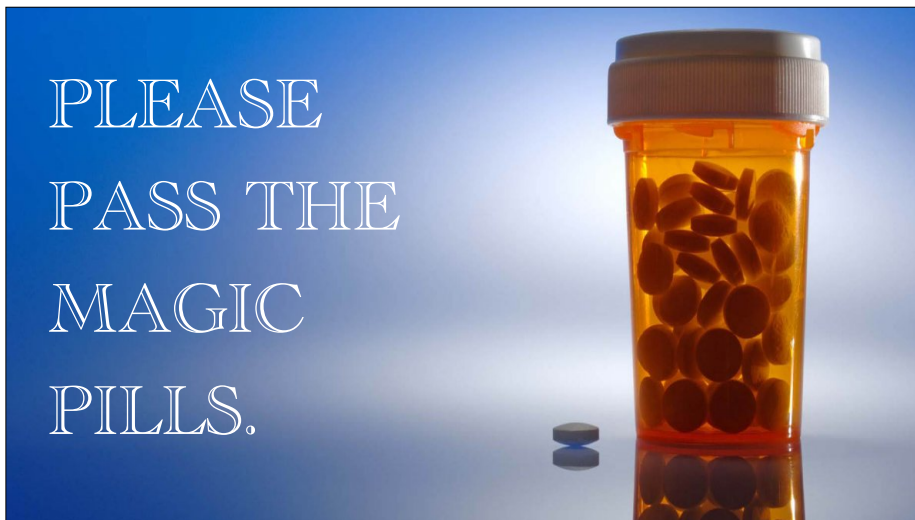
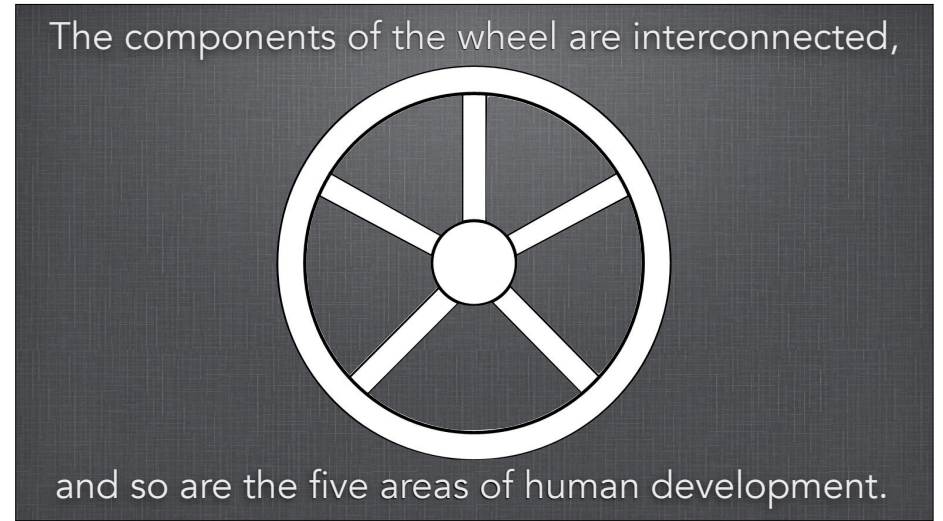
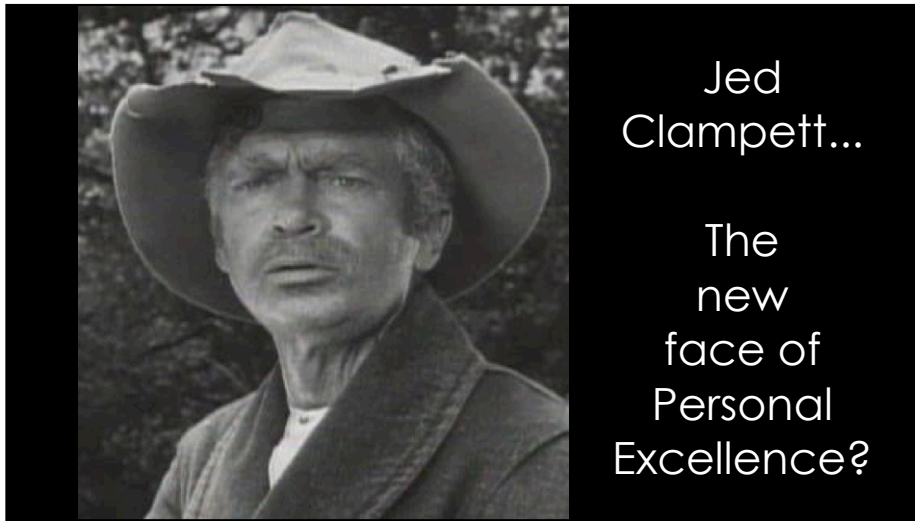
I will not live an outstanding life by accident!



I can only live an outstanding life by forming habits and creating disciplines that will allow me to achieve excellence every day.

Excellence isn't as much about being the best at something as it is about being the best YOU can be, and about becoming better than you were before.



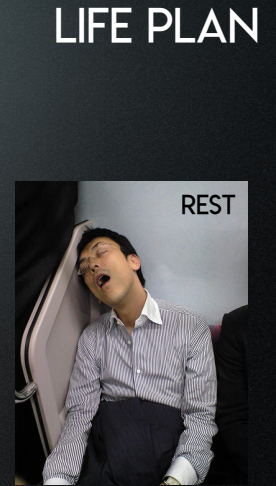


Intellectual Development

Your brain is like the hard drive of a computer.



FITNESS



(PHYSICAL)

Is it because you don't know how?



ETERNAL SIGNIFICANCE
SPIRITUAL GROWTH

YOUR MOST DEEPLY HELD BELIEFS.

ETERNAL SIGNIFICANCE

SPIRITUAL GROWTH

Regardless of religious beliefs or practices, everyone has a spiritual aspect to their life.

Someone else's spiritual views are just as important to them as yours are to you.

PEOPLE - SOCIAL

ALL OF YOUR RELATIONSHIPS.



LIFE AND LIVELIHOOD

YOUR MORAL CHARACTER

YOUR MORAL CHARACTER IS THE PERSON YOU ARE AND THE LIFE THAT YOU LIVE.

THESE ARE THE THINGS YOU DO THAT ARE BIGGER THAN YOURSELF.

Allow for Margin and _____

Margin is the difference between your time and your commitments.

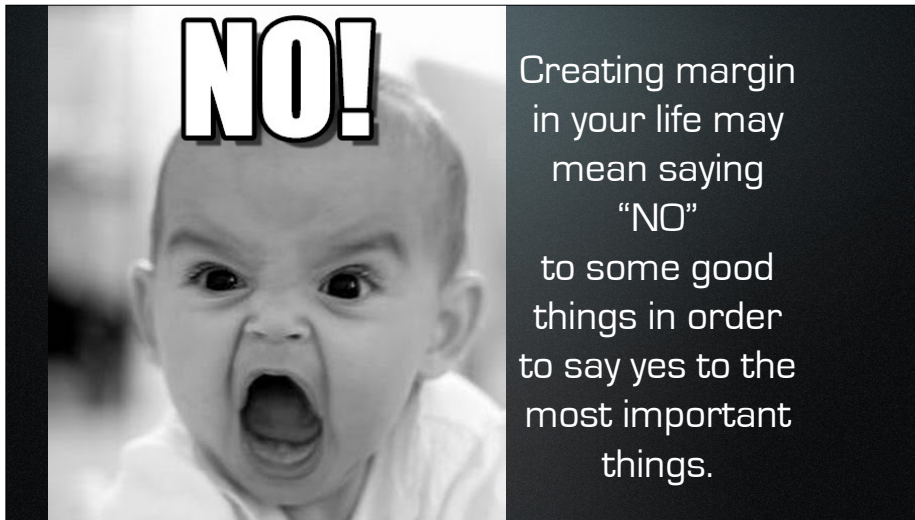




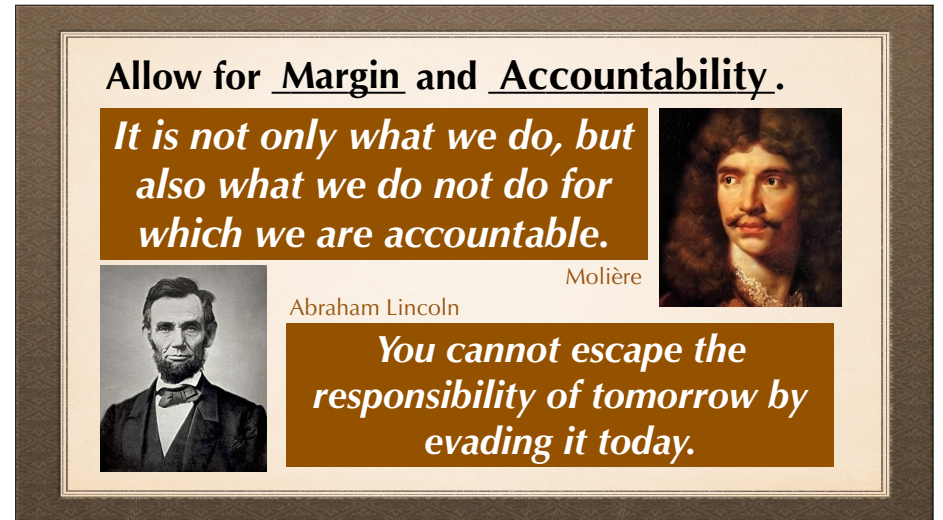
Margin should renew or recharge you.



If you have no margin, your life is like a wheel with no air in the tire.



Creating margin in your life may mean saying "NO" to some good things in order to say yes to the most important things.

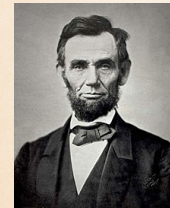


Allow for Margin and Accountability.

It is not only what we do, but also what we do not do for which we are accountable.

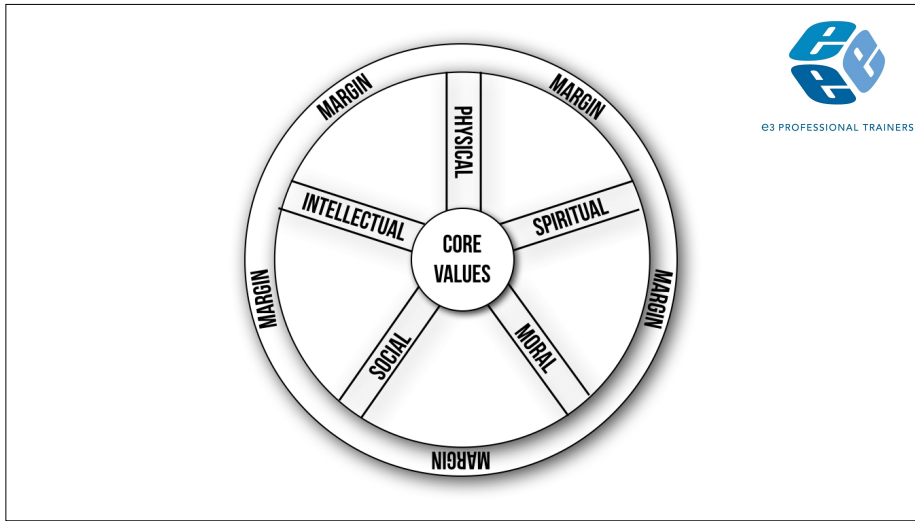


Molière



Abraham Lincoln

You cannot escape the responsibility of tomorrow by evading it today.



LIFE PLAN

L - Live with Intention and Purpose (Core Values)
I - Intellectual Development
F - Fitness (Contributors to Your Physical Health)
E - Eternal Significance (Spiritual Growth)

P - People (Social Interaction)
L - Life and Livelihood (Your Moral Character/Contribution)
A - Allow for Margin and Accountability
N - Now is the Best Time to Start (or Start Over)



LET'S CONNECT

 E3 Professional Trainers

 @E3ProfTrainers

 E3 Minutes for Life
Text E3ForLife to 22828

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 (806) 787-3474

You will never change your life until you change something you do daily.



CHANGE AHEAD

Success is found in your daily routine!

John Maxwell

CUSTOMIZED TRAINING • KEYNOTES • PERSONAL COACHING

designed to help you better **ENGAGE, EQUIP, AND EMPOWER** your team members



Randy Anderson works with individuals, teams, and entire organizations to help people increase their productivity, help the organizations they work for increase profitability, and to help them find greater fulfillment in their job and in their personal life.

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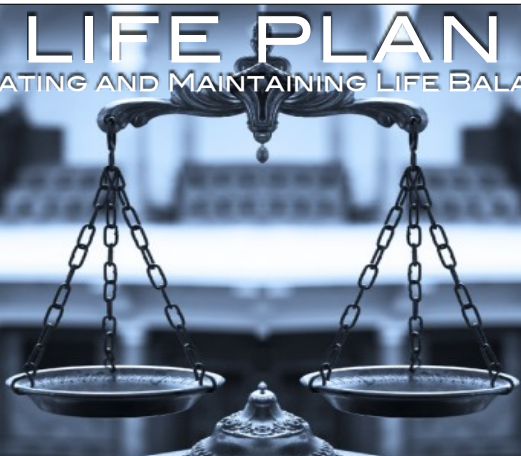
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- Leadership & Management
- Personal Excellence & Employee Engagement
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- Communication & Conflict Resolution
- Teamwork & Team Building
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LIFE PLAN
CREATING AND MAINTAINING LIFE BALANCE



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